



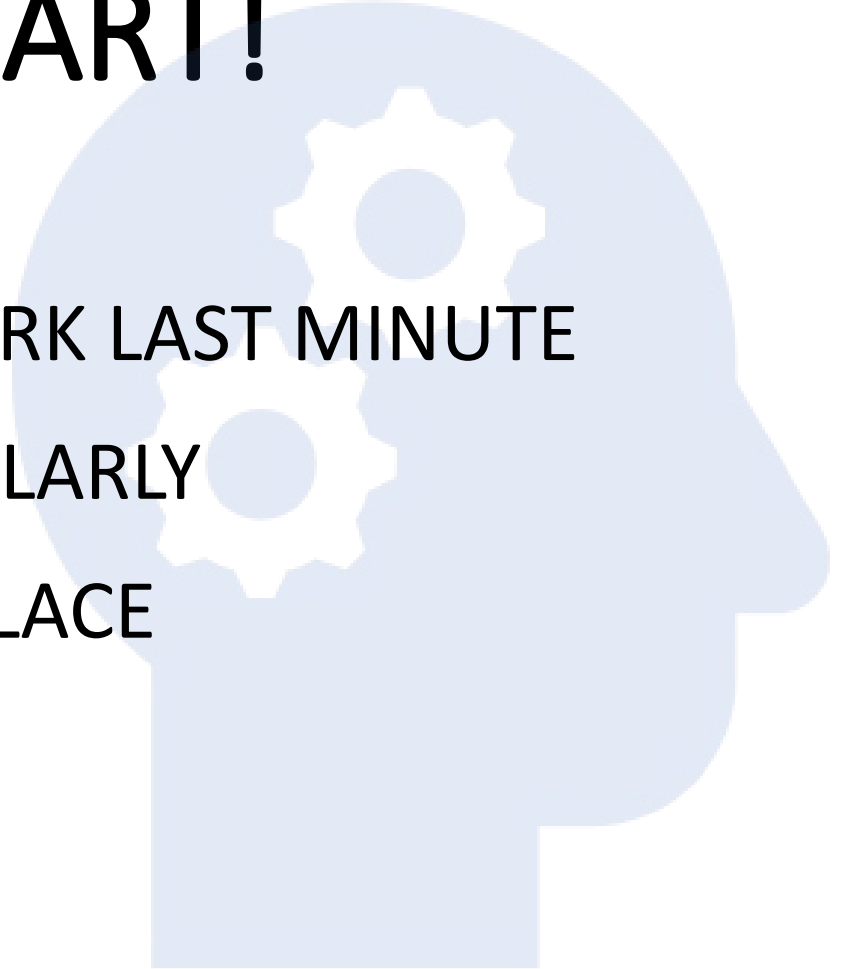
How to Study Effectively?



NOT STUDYING SMART!



- ☹️ COMPLETE YOUR HOMEWORK LAST MINUTE
- ☹️ NOT DOING REVISION REGULARLY
- ☹️ NOTES ARE ALL OVER THE PLACE
- ☹️ PLACE IS TOO NOISY



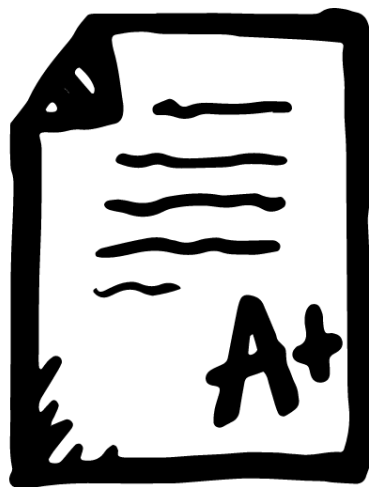
DISTRACTIONS!

What are some of the distractions you face when studying?





Tips to study effectively!



1. Plan Your Tasks

Write down when assignments/projects/tests are due

July						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

2022

So your calendar/diary might look something like this

AUGUST 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Science test	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 Math test	25	26 Science project	27
28	29 English test					

2. Schedule Your Time

Make a list of your homework



Refer to your homework list for that day

<h1>Homework List!</h1>	
<u>Homework: Monday, 8 Feb</u>	Done!
Math problem sums Chapter 4.3	
1. (next Tuesday, 16 Feb)	
2. English grammar worksheet (Tomorrow, 9 Feb)	✓
3. Science plants homework (Friday, 12 Feb)	✓
4. Science scrapbook project (Friday, 26 Feb)	

Mark your calendar

JULY 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 Science test	5	6
7	8 Grammar Hmwk 4 -5pm	9	10	11 Math sums 6 – 7pm	12	13
14	15	16	17 Math test	18	19	20
21	22 English test	23	24	25	26 Science project	27
28	29					

3. Organize Your Notes



☺ Label each section -
Math, English, Mother
Tongue

☺ Label one section -
homework

4. Stay Focused

Remove distractions !



4. Stay Focused

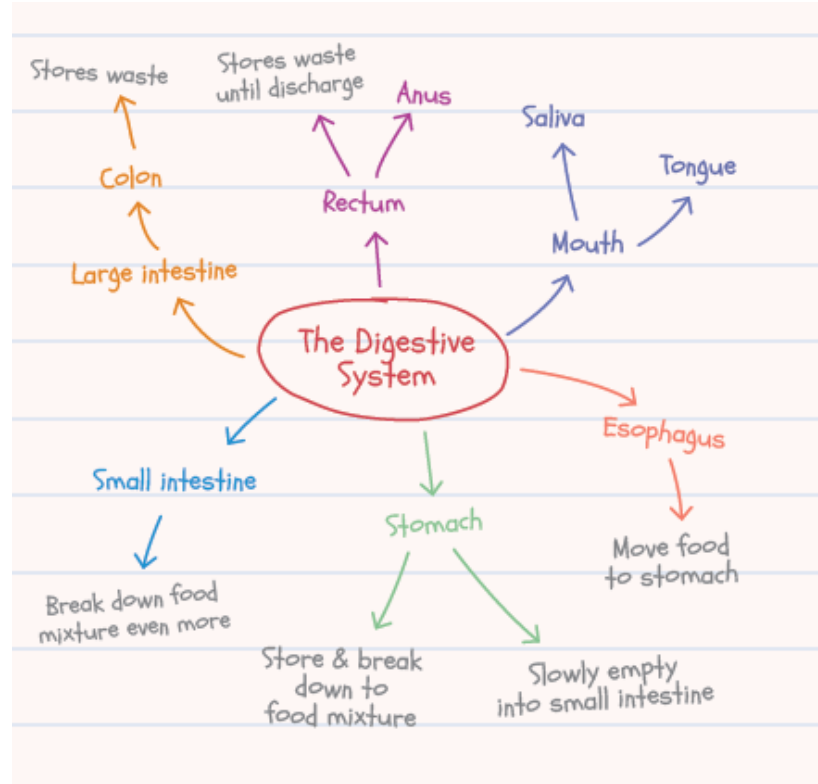


Have a break!

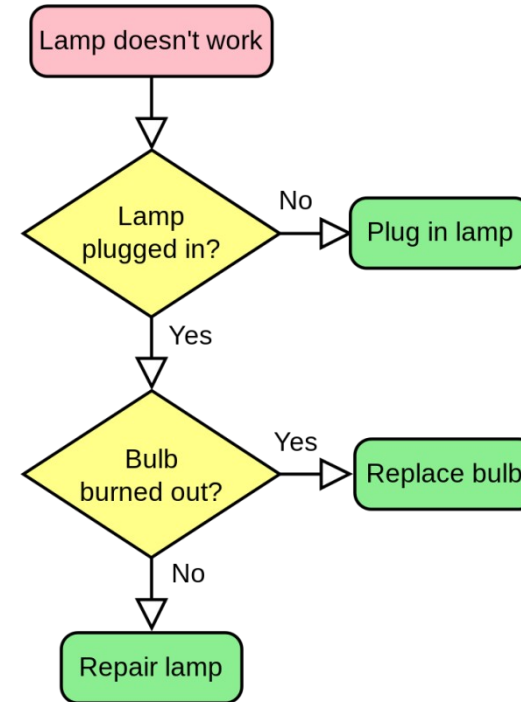


Take short breaks of 5 to 10 minutes after studying for 30 to 45 minutes

5. Make Notes for Easy review



Mind map



Flow chart

Summary



6. Clarify Doubts Immediately

- If there is something you don't understand, ask your teachers or parent to explain it to you
- Don't be afraid to ask questions !



And lastly...



Take time to relax
and play



Eat right



8 hours of
sleep a day



Exercise

How to study effectively?

1. Plan your tasks
2. Schedule your time
3. Organise your notes
4. Stay focused
5. Make notes for easy review
6. Clarify your doubts immediately



Take care of yourself !